

# REIKI HEALING

\*Reiki balances and revitalizes both body and soul.

\*Reiki loosens up blocked energy and promotes a state of total relaxation.

\*Reiki supports the body's natural ability to heal itself.

\*Reiki works on all levels, mental, spiritual and physical.

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Enjoy this Universal Healing Energy  
For Yourself, Your Friends and your Pet!

**First Sunday of Every Month**  
**1:30 until 4:00pm**

**Master Reiki Practitioners**

20 minute session for \$15.00 Love Donation  
Sign up in the Church Sanctuary

**First Spiritualist Church**

3777 42<sup>nd</sup> Street, San Diego, 92105

Info: (619) 284-4646

*Where Angels Come and So Can You!*

[www.1st-SpiritualistChurch.org](http://www.1st-SpiritualistChurch.org)